

YOUniversal
Harmony

Spiritual Retreat
March 29-31, 2019
Durham, NC

**Spiritual Thought Leader
Facilitators**

Rev. Dr. Paul Hasselbeck Rev. Dr. Cher Holton Rev. Dr. Bil Holton

Early Bird: \$495
After 2/15: \$545

Special Rate for Initiates of the Order of the Sacred Path and members of Paul's Heart-Centered Inner Circle:
\$450

Includes all retreat events, Friday 5:00 - Sunday 1:00; all retreat materials; snacks on Friday evening; lunch on Saturday and Sunday.

Register Now ... Limited space ... First come First Served!

Two More Special Rates:

Additional Registrants on Same Registration form (up to 4).....\$445 (EarlyBird); \$490 after 2/15/19

Register before 12/31/18 and use the code **SUPEREARLY** to receive an **additional 10% discount** off your entire registration!



BY POPULAR DEMAND!

The "Kitchen Table" is open again with a new focus: YOUiversal Harmony! This special retreat will be facilitated by three Spiritual Thought Leaders: Rev. Dr. Paul Hasselbeck; Rev. Dr. Cher Holton; and Rev. Dr. Bil Holton.

This powerful immersion weekend offers a special opportunity to be part of a unique group of folks (who all consider themselves more spiritual than religious) in an intimate and dynamic environment of exploration, study, and fun!

All retreat sessions will be held in the beautiful home of Revs. Drs. Bil & Cher Holton, who have generously opened their doors to invite us in! This warm, relaxing environment lends itself to inspiring creativity, open conversation, and spiritual growth!

Join this amazing group of people who:

- share your quest for spiritual enrichment,
- eagerly embrace the opportunity to talk about science and spirituality,
- question beliefs and dogma without shame or judgment,
- know how to have fun in meaningful ways, and
- have the audacity to explode current beliefs in order to continue growing and living as the Divine Beings we are!

If you only do one thing for yourself this year, make it this retreat!

It will be a one-of-a kind experience you will cherish forever!

[Register by Clicking Here!](#)

[Request Scholarship Funds to assist with tuition here](#)

Registration Information

Our goal is to keep the cost of this YOUiversal Harmony Retreat as reasonable as we possibly can! All events will be held in the private setting of the home of Revs. Drs. Bil & Cher Holton:

1405 Autumn Ridge Drive, Durham, NC 27712

YOUR REGISTRATION FEE INCLUDES:

- *all retreat-sponsored activities;*
- *all retreat materials;*
- *the following meals: Light snacks on Friday evening; Lunch on Saturday and Sunday. (Meals will be networking events you won't want to miss!)*

Early Bird Registration (through February 15).....\$495

Regular Registration (After February 15).....\$545

Additional Registrants on Same Registration form (up to 4).....\$445 (EarlyBird); \$490 after 2/15/19

Special Registration Fees:

- **[Order of the Sacred Path Initiates](#).....\$450**
- **Members of [Paul's Heart-Centered Inner Circle](#).....\$450**

Register before 12/31/18 and use the code **SUPEREARLY to receive **an additional 10% discount** off your entire registration!**

Cancellation Policy: Cancellation requests made in writing through March 1 will be subject to a **\$50 administrative fee**; remainder of registration fee paid will be refunded. Cancellation requests made in writing between March 2 -16 will be refunded **50% of the registration fee** paid. There are no refunds for cancellations after March 16.

To register for this one-of-a-kind retreat, click on [this Registration Link](#). It will take you directly to the Registration Landing Page. (Click on the "Register Now" button.)

Travel and Lodging are on your own — Contact us for recommended hotels near our retreat location.

RETREAT ATTENDANCE IS LIMITED SO WE CAN ENSURE AN INTIMATE AND MEANINGFUL EXPERIENCE!

[Register Now to take advantage of the Early Bird Rate!](#)

[Join our Exploding Dogma/Exploring Divinity Facebook Page](#) to join our unique interactive spiritual discussion group -- and where we'll be sharing updates, polls, and exciting conversation about the retreat!

Retreat Content

What Do We Mean By YOUiversal Harmony?

Perhaps we should explain what YOUiversal Harmony is from a MetaSpiritual perspective ... and why we are so excited to make it our theme for this retreat. **YOUiversal Harmony is polarities management. That is, it's learning how to manage the various polarities associated with both our skin school experiences and our eternal Beingness.**

A few examples of the polarities in your YOUiverse are:

- *the human you and the Divine you,*
- *the finite you and the infinite you,*
- *the thoughtful you and the emotional you,*
- *the unenlightened egocentric you and the enlightened ego-oriented you,*
- *the physical you and the ethereal you,*
- *the yin you and the yang you,*
- *the limited you and the limitless you,*
- *the material you and the spiritual you,*
- *the busy you and the relaxed you;*
- *the meditative you and the prayerful you,*
- *the dogmatic you and the enlightened thinker you,*
- *the selfish you and the philanthropic you,*
- *the pessimistic you and the positive you,*
- *the earthly you and the cosmic you,*



... and so on. We'll discuss these inherent polarities and more during this special weekend -- and focus on how we can manage these polarities as we master the art of living!

Your Physical Self and Your Quantum Self (Yes, We'll Have Some Science in the Mix!)



Inside of your physical YOUiverse, in the microcosm of your inner being, are the subtle vibrations of a molecular world. You're composed of communes, colonies, cities and continents of trillions of cells in action. Your body is filled with cellular life. You're composed of hydrogen atoms and subatomic particles like quarks, leptons, and gluons that were present at the 'big bang' that birthed our universe.

Quantum physicists tell us that you're literally stardust as a physical being. Subatomic parts of you are 13.8 billion years old. Other parts of you are a billionth of a second old. At a molecular and

cellular level, your physical YOUiverse is a quantum container that's the outer expression of your Cosmic Consciousness which created it.

Your YOUiverse includes your Quantum Self (the composite of all of your past reincarnational and incarnational selves, and concurrent parallel universe selves) which underwrites each of your physical states of being. And it certainly includes your current YOUiverse which will be flying and/or driving to Durham. We'll chat more about both of these expressions of your YOUiverse during the retreat.

We'll discuss how your devotion to disciplined spiritual practice will produce in you a YOUiversal Harmony that'll become so powerful that all unlike energies and vibrations are eliminated. The blight of error thoughts (kamikaze or intentional), egocentric choices and discordant actions, will no longer contaminate your consciousness.

We'll examine how divinely alchemicalized currents flow through every cell, atom and molecule of your physical, emotional and mental body making you a highly spiritualized container of divine audacity.

We'll explore how your YOUiverse is composed of seven major chakras (ethereal centers or sheaths), which represent the cosmic emanations or states of consciousness that symbolize seven key realms of cosmic manifestation that you matriculate through during each skin school experience which is your lowest form of Self-referent essence.

The Exploring You and the Practical You (Yes, We Will Get Practical!)

We'll share many practical insights, guidance, and spiritual techniques for harmonizing your YOUiverse. For example, breathe in and then breathe out. Inhale and now exhale. If you neglect to consistently do this, any concerns about your enlightenment, or the best mantra or affirmative prayer technique to use, or the right guru or spiritual teacher to follow, or which password to use for your online banking will be the least of your concerns.



We realize that no matter how much we 'up our consciousness' as we move toward Self-Realization, we'll need to remember our bank account passwords and zip code. And, practically speaking, the three of know that all of us who will be at the weekend retreat are moving toward becoming more Self-Actualized and can help one another on our respective soul journeys.

We believe that all of us can achieve spiritual enlightenment and eventual Self-Realization because we're powerful self-referent YOUiversal Expressions of the Omnipresent Universal Consciousness in human form. We look forward to seeing you at the Global Center For Spiritual Awakening's Durham Headquarters on Friday, March 29, 2019, beginning at 6:30 pm.

MEET YOUR THINK TANK FACILITATORS



Rev. Dr. Paul Hasselbeck

Rev. Dr. Paul Hasselbeck, formerly Dean of Spiritual Education and Enrichment for Unity Institute, is now a "Minister at Large." He speaks and conducts workshops at churches, SEE-in-the-Field events, and conferences around the country, and also serves as faculty with Unity Worldwide Spiritual Institute. For seven years, Paul hosted *Metaphysical Romp*, a weekly internet podcast program, on Unity.fm. He now co-hosts *Metaphysical Romp 2* with the Rev. Drs. Bil and Cher Holton -- which they have recently moved from Unity.fm to produce

as their own podcast at MetaphysicalRomp2.com. It is all about mastering the art of living metaphysically: metaphysical theory, supportive science, and practical application.

Paul holds a Bachelor of Science in Biology from the University of Cincinnati, a Doctorate of Dental Surgery from the Ohio State University, and is an ordained Unity minister through Unity Institute. He was a Navy dentist prior to establishing a successful private practice in San Juan, Puerto Rico, where he learned to be functional in Spanish.

Paul discovered the Unity Movement in Puerto Rico while he was an avid student and facilitator of *A Course in Miracles*. Paul was one of the co-founders of the only English-speaking Unity Church in Puerto Rico--before he even knew much about the Unity movement. He also served at Unity Church of Overland Park, Kansas, as Minister of Prayer and Pastoral Care and as a Retreat Minister for Unity Village Retreats. In describing his move from dentistry to ministry, Paul figures he has gone from preventing tooth decay to preventing truth decay, and recommends mental floss over dental floss and meditation over medication!

Rev. Dr. Paul Hasselbeck is the author of several books, including *Point of Power: Practical Metaphysics to Help You Transform Your Life and Realize Your Magnificence* (published in English and Spanish); and *Heart-centered Metaphysics: A Deeper Look at Unity Teachings*. He and the Holtons have worked together on several books, including *Get Over It! The Truth About What You Know That Just Ain't So!*, *Get Over These, Too! More Truths About What You Know That Just Ain't So*; *PowerUP: The Twelve Powers Revisited as Accelerated Abilities*; and *Applying Heart-Centered Metaphysics*. His most recent book, co-authored with Rev. Bill Heller, is *Unity and A Course in Miracles: Understanding Their Common Path to Spiritual Awakening*.

Paul has a particular passion for using language in accurate and precise ways, bringing metaphysics fully into the 21st Century. His presentations have taken him around the country, where he is known for his mind-stretching content. Participants consistently applaud his ability to make the topics of metaphysics and spirituality practical and understandable.

Born and raised in Cincinnati, Ohio, Paul now resides in Overland Park, Kansas. In his "spare time," Paul enjoys writing, reading, fitness activities, estate sales, surfing the internet, and loving up his two sweet Yorkshire Terriers.

What are people saying about Rev. Paul?

From Unity San Francisco Publicity: *Our leading Metaphysics authority, Paul Hasselbeck, has had a major role in bringing Unity's Metaphysics into the 21st century. With a genuine passion for clarity and precision, Paul guides his students to awaken awareness and deepen understanding. This is a rare opportunity to learn from a master; mark your calendar now and plan to be here.*

From publicity for a previous retreat: *People have commented on how Paul makes the teaching more understandable and practical in daily life.*

Visit Paul's website at PaulHasselbeck.com to view his schedule and read his blog, *The Absolute Word*, Unity's Daily Word re-written in the language of Oneness.



Rev. Dr. Bil Holton and Rev. Dr. Cher Holton

Combine a flair for the dramatic, a deep understanding of metaphysics, an ability to think outside the box, and a knack for bringing scientific research and spiritual practices to life in practical ways, and you have defined the dynamic duo who are at the heart of the Global Center for Spiritual Awakening online ministry. In addition, they speak and conduct their unique Spiritual Cafés across the country.

Revs. Drs. Bil and Cher Holton bring quite a background of experience and depth of knowledge to this special ministry. It all began back in 1984, when together they founded The Holton Consulting Group, Inc., which is still alive and well today! They have worked with clients in the U.S., Canada, Germany, England, and South America, with a mission of leading, guiding, and inspiring people and organizations to live productively and joyfully at the speed of life ... one choice at a time. Their impressive client list includes Fortune 100 companies, healthcare facilities, universities, associations and government agencies.

As a subsidiary of their consulting firm, the Holtons created two publishing enterprises: Liberty Publishing Group (focusing on professional and personal development publications) and Prosperity Publishing House (focusing on books for spiritual enrichment and education). They have published **over 50 titles**, including [The Manager's Short Course to a Long Career](#) (ISBN1-893095-00-2) which was selected by SoundView Executive Summaries as one of their Top 30 Business Books, and [New Metaphysical Versions of Matthew, Mark, Luke, John](#), and [The Book of Revelation](#) – the first ever verse-by-verse metaphysical interpretations of this kind. Rev. Bil recently published [Ruff-Housing With Religious dogma](#), which challenges traditional thinking (using a lot of dog-related humor to help soften the "ruff" edges). You can check out their [spiritual books on their website](#).

In 2004, the Holtons made the decision to follow their hearts, and entered into a spiritual training program that has led them to become ordained Unity ministers. After serving two churches in North Carolina, they are now committed to a more global ministry through The Global Center of Spiritual Practices. Their spiritual mission is to create an online Cyber community for people who are more spiritual than religious, helping them master the art of living as they walk the spiritual path on practical feet.

More About Bil and Cher

Rev. Dr. Bil Holton has been writing, speaking, coaching, and publishing for over 30 years. Bil has a solid reputation for his strength of character, engaging personality, and strong work ethic. His MetaSpiritual teachings and his ability to bring spiritual Truth into such clarity that people are able to walk the spiritual path with practical feet put him in high demand as a teacher and spiritual coach. He has a penchant for thinking outside the box, making up new words, and integrating a variety of disciplines into metaphorical meanings. When he isn't involved in work and research, Bil enjoys golf, travel, jigsaw puzzles, the theatre, and landscaping.

Rev. Dr. Cher Holton's name is an acronym for her personal mission: Creating Hope, Enthusiasm, and Results ... and she brings her zest for living and her practical applications of Truth principles to everything she does. In addition to being a "Preacher's Kid," her background includes being one of only a handful of professionals worldwide who has earned both the Certified Speaking Professional and Certified Management Consultant designations. She is a much-sought-after facilitator, speaker, and coach in the corporate world as well as the spiritual market. When she isn't involved in her professional endeavors, Cher enjoys a good mystery novel, crossword & logic puzzles (and even Candy Crush, where she has over 4,000 levels completed!), the theatre, travel, and design.

On a personal note, the Holtons like to push the envelop and maintain their zest for life by taking what they call "Indiana Jones Adventures," such as white-water rafting, sky diving, and fire walking. American-style ballroom dancing is also in their DNA. Although they have retired their competitive dance shoes, Bil and Cher love to perform ballroom showcases and exhibitions. Their two sons, beautiful daughters-in-law, and six incredible grandchildren all live nearby. Their visits are always joyful.

You can learn more at their websites: [The Global Center for Spiritual Awakening](#) and [Holton Consulting Group, Inc.](#)

Listen to Podcasts:

[Metaphysical Romp 2 Podcast](#)

[Your Spiritual Practice Podcast](#)

Retreat Schedule

Friday, March 29

6:00 - 6:30

- Registration/Check-in at The Global Center for Spiritual Awakening Headquarters (The Holton's Home!)
1405 Autumn Ridge Drive, Durham, NC 27712
- Light Snacks and Getting Acquainted

7:00 - 9:00

- Retreat Opening Session Getting Connected; Understanding and Embracing YOUiversal Harmony! Creating our Weekend Together!
- Evening Meditation

Saturday, March 30

8:30 - 9:00

- Coffee/Tea and light munchies

9:00 - 12:00

- Morning Sessions (MORE DETAILS TO COME . . . You will help create the topic content with us!)
- Interactive Discussions, focused on managing the polarities of being more spiritual than religious; what to do when it appears that our practices are not working for us; how to stay true to our beliefs in the midst of the world of work, family, and friends.

12:00 - 1:00

- Catered Box Lunch

1:00 - 5:00

- Afternoon Sessions -- Continuing the Think Tank Style activities! Be prepared for dynamic discussion, interaction, and mind-blowing a-has!
We will be "deep-diving" into the spiritual topics you select, to help us all move closer to Enlightenment! We will respond to the questions: "Is it possible to walk the spiritual path on practical feet? How to stay relevant, on the cutting edge, exploratory, and sane! Weather permitting, we can take a "field trip" to a nearby labyrinth as an optional activity.

5:30

- Dutch-Treat Dinner for those who want to join in. Those going will choose a place!

7:00 - 8:30 (ish)

- Interaction, Fun, and Evening Meditation
- We are considering a Shamanic Fire Ceremony as part of the evening events. More details to come!

Sunday, March 31

8:30 - 9:00

- Coffee/Tea and light munchies

9:00 - 12:00

- A Powerful and Spiritually Enlightening Group Closure Experience. More Details to Come! Celebrating YOUniversal Harmony: Capturing our Take-aways; Closing ceremony; Walking Each Other Home

12:00 - 1:00

- Catered Lunch. Official Retreat Ends with lots of new or deepened friendships, and incredible spiritual adventures ahead!

1:00 - until . . .

- Optional Think Tank Gathering! For those who want to stay longer, we will be available for discussions, sharing, fun exploration, and even a group trip to Goodberry's (or somewhere similar if weather requires it!)



Past Retreat Groups: To Infinity and Beyond!